

## **Open Gym Waiver**

Parent/Guardian Waiver and Release: I fully understand that NIX GYM. LLC Staff members are not physicians or medical practitioners of any kind. With the above in mind, I hereby authorize and release NIX GYM, LLC to render temporary first aid to the student in the event of any injury or illness, and if deemed necessary by NIX GYM, LLC staff to seek medical help and/or call an ambulance. You agree that you are aware that you or your son/daughter will be engaging in physical exercise involving sports and fitness which could cause injury. You agree that you or your son/daughter is voluntarily participating in these activities and is assuming all the risks of injury, including total disability, paralysis and death that might result. You hereby agree to waive any claims or rights against NIX GYM, LLC and it's owner's staff and instructors for any liability, loss, costs, damage, medical expense, long-term care, emotional distress or compensation that might incur as a result of these activities. NIX GYM, LLC will make no evaluation or recommendation whether you or your son/daughter is physically fit for any physical activity. If you or your son/daughter has any physical condition that may impair your or his/her ability to engage in the activities, it is your responsibility to obtain a physician's statement describing any limitations to participate in this program. It is always advisable to consult a physician prior to undertaking any physical exercise program. NIX GYM, LLC can use any images of the students/parents both with or without name identification, for NIX GYM, LLC publicity, promotional and advertising purposes and release any and all claims/or rights might have as a result.

Student Name:	
Emergency Phone Number:	
Parent/Guardian Signature:	Date: